



## MIDSTREAM EDUCATIONAL SUPPORT SERVICES

### EDUCATIONAL PSYCHOLOGY / OPVOEDKUNDIGE SELKUNDE

Midstream Educational Support Services (MESS) comprises the therapeutic services of Educational Psychologists, Occupational Therapists, Speech and Language Therapists, Audiologists, Visual Therapy and remedial help. These professionals are located at the offices of Midstream Educational Support Services at the Bondev Office Park in Midstream.

Midstream Educational Support Services (MESS) bestaan uit 'n span dinamiese terapeute wat daarna streef om deurentyd op die voorpunt van die nuutste kennis en tegnologie in hul onderskeie professies te wees en sodoende die beste moontlike diens aan Midstream se kinders te kan lewer.

In die era waarin ons leef word daar verskeie eise aan ons kinders gestel. Baie kinders kan met gemak aan hierdie eise voldoen, maar daar is al hoe meer kinders vir wie dit nie so maklik is nie. Dit is van die allergrootste belang om enige area wat nie voldoende ontwikkel is nie, betyds aan te spreek, aangesien die gaping tussen 'n kind met 'n probleem en 'n kind daarsonder net groter en groter word indien die probleem nie gou genoeg aangespreek word nie.

Wie behoort te besluit of jou kind enige terapeutiese insette nodig? Jou kind se onderwyseres kan 'n waardevolle inset lewer, maar geen formele of informele evaluering is beter as 'n ouer se intuïsie nie. Indien jy as ouer dus self twyfel in jou hart ervaar oor jou kind se vordering, is dit altyd beter om professionele advies in te win.

### EDUCATIONAL PSYCHOLOGY

The services offered by an Educational Psychologist include the evaluation of and intervention with pre-school, primary school and high school learners. The following areas are covered:

- Emotional difficulties: Low self-concept, depression, over dependence, anxiety, etc.
- Behavioural difficulties: Aggressive behaviour, theft, fire setting, etc.
- Difficulties with social skills: Relationship with friends, withdrawal from group activities, etc.
- Learning difficulties: Reading, writing, spelling, math difficulties, as well as relevant study skills.
- Attention and concentration: Child falls behind in class, impulsive behaviour, child easily loses focus in class, etc.
- Adaptability: Arrival of a new baby, moving house, new school, etc.
- Trauma: Housebreakings, hijacking, armed robbery, divorce, death of a loved one.

Other services offered include:

- Psychometric testing (IQ, aptitude, interest, personality, concession, etc.)
- School-readiness testing of the pre-schooler
- Subject choice and career guidance
- Parent and teacher guidance
- Play therapy and Biofeedback therapy

## CONTACT

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## OPVOEDKUNDIGE SIELKUNDE

'n Opvoedkundige Sielkundige se dienste sluit in die evaluering van- en hulpverlening aan voorskoolse, primêre skool- en hoërskool leerders. Areas wat aandag geniet, sluit in:

- Emosionele probleme: Swak selfbeeld, depressie en oormatige afhanklikheid, angstigheid, ens.
- Gedragsprobleme: Aggressiewe gedrag, diefstal, brandstigting, ens.
- Sosialiseringsprobleme: Verhouding met maats, onttrekking van groepsaktiwiteite, ens.
- Leeprobleme: Lees-, skryf-, spel- of wiskundeprobleme, asook relevante studiemetodes
- Aandag en konsentrasie: Kind kan nie in die klas byhou nie, impulsiewe gedrag, aandag word maklik afgelei, ens.
- Aanpassing: 'n Nuwe baba tuis, verhuising, nuwe skool, ens.
- Trauma: Inbraak, kaping, gewapende roof, egskeiding, afsterwe van 'n geliefde, ens.

Ander dienste wat aangebied word sluit in:

- Psigometriese toetsing (IK, aanleg, belangstelling, persoonlikheid, konsessies, ens.)
- Die bepaling van skoolgereedheid van die voorskoolse kind
- Vakkeuses en beroepsleiding
- Ouer- en onderwyserbegeleiding
- Speltherapie en Bioterugvoer-terapie

## KONTAK

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